



Molinari Institute of Health

WOMEN'S HEALTH COURSE

LONDON - 2024 INTAKE

THE MOLINARI INSTITUTE OF
HEALTH

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APRIL 2024 - JULY 2026



WHY CHOOSE THE MOLINARI INSTITUTE OF HEALTH ?

The Molinari Institute of Health (MIH) has been setting the gold standard in Women's Health postgraduate education for more than 10 years. The MIH Diploma in Women's Health Osteopathy is the summative embodiment of Professor Renzo Molinari's professional experience over four decades of careful consideration, study, collaboration, and results-based selection of material from the clinical application of the art and science of osteopathy and related fields. It is greatly inspired by A T Still's defence and support of women's health.

Prof Renzo Molinari directs the course alongside a world-renowned osteopathic faculty and other leading medical and health specialists.

The programme is designed to fit with busy professional lives without compromising the exceptional quality of content and variety of lecturers. The seminars are delivered in an inclusive and supportive classroom environment. The students will benefit from a teaching clinic with real patients and will have access to a dedicated E-learning platform.

The Diploma in Women's Health Osteopathy will give successful applicants key knowledge about each major stages in a woman's life with a particular focus on fertility, pregnancy, and post-partum health as well as many imbalances, dysfunctions and illnesses that can affect and afflict female patients.

Prof Renzo Molinari's belief is that the benefits he has seen from the application of this clinical and human approach should be upheld, shared, and expanded by the formation of dedicated practitioners specialised in Women's health.



PROF RENZO MOLINARI

COURSE ORGANISATION

Advanced related Physiology and Anatomy.
Embryological and organisational setting of the gynecological system.
Fertility.

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Pregnancy. Normal and pathological pregnancy. Monitoring of pregnancy.
Normal and pathological birth.
Osteopathic approach of pregnancy and birth.

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Gynecology/ Visceral.
Gynecological Cycle. Local Immunological response. Physiopathology.
Main gynecological disturbances.
Osteopathic approach of uro gynecological problems and related visceral problems.

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Peri-natal period: mother and baby. Main pathologies.
Post-partum: mother approach + exercises revisited.
Osteopathic approaches.

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Puberty/Menopause.
Healthy ageing.
Osteopathic approaches.

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Advanced Clinical experience.
Ethics.
Integrated approach.

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For indication only – MIH reserves the right to amend the order of the modules



OSTEOPATHIC APPROACHES

Lectures are designed to allow the student to apprehend the fundamentals of every topic, but time allows for practical development. Each lecture is based on a 50% minimum in practical workshop. Every test, every technique is explained, demonstrated, and practiced under supervision.

All the osteopathic approaches are based on the principles of Osteopathy coined by AT Still, an important part is given to the philosophy of osteopathy and its application.

This course is the first post-graduate course giving a competence in the field of Women's health in osteopathy and its design will allow all dedicated students to develop a real expertise.

The content of the course has been designed to integrate the most traditional and historical approaches in Osteopathy: AT Still approaches, Littlejohn, P. Woodhal, M Clark but also, some fundamental authors like Thure Brand, Henry Stapfer, Byron Robinson... And more recent authors like Angus Cathie, JP Barral...

Prof Renzo Molinari will present all the material he has developed on women's health relating to fertility, pregnancy, labour and post-partum, visceral and gynaecological conditions.

Other members of faculty will present their own approaches:

- Prof Renzo Molinari – Pregnancy, gynaecology
- Franz Buset (Belgium) - Visceral conditions (diagnosis and clinical approaches)
- Laurence Fourdrignier (UK) - Visceral osteopathy, nutrition
- Monika Ebner (Austria) - Internal approaches and neuro endocrine approaches.
- Anja Engel-Schulmeyer (Austria) - Neuro-endocrine approaches
- Francois Allart (France) - Clinical cases in gynaecological osteopathy, Fertility - Infertility
- Teresa Coughlan (Ireland) - Pregnancy and peripartum
- Geneviève Kermorgand (France) - Obstetrics, Fertility
- Michael Pye (UK) Facia, lumbo-pelvic dynamics
- Sue Turner (UK) - Healthy ageing, Balanced Ligamentous Tension (BLT) approach
- Daniel Brogan (UK) - Women's Health
- Indera Ajimal (UK) - Pregnancy
- Tajinder Deora (UK) - Healthy ageing
- Tracy Davies (UK) - Ethics
- Enda Butler (UK) - Hormonal balance and cycle

Osteopaths who are specialists in their field will contribute either during theory sessions, practical workshops, or clinical sessions.

Medical faculty includes: Dr Michel Odent, Bill Smith, Dr Rehan Salim, Dr Nara Nairi, Dr Etienne Horner, Dr Peter Barton-Smith, Dr Jan Toledano, Dr Amalia Annaradnam and Geraldine Miskin.



COURSE CONTENT :

Basic Sciences

From common accepted basic sciences to advanced levels of knowledge relating to embryology, anatomy, physiology and physio-pathology. Theory lectures and workshops during which students will be required to present to the group the results of their own work. Basic sciences will always relate to the osteopathic understanding of women's health and will only be presented if relevant to women's health osteopathy.

Anatomy

- Development of female body from embryology to anatomy.
- Evolution of the reproductive tract from birth to adult life: migration, suspensory system, active supporting system.
- Pelvis: osseous, connective, muscular, adipose, vascular, neurological, visceral.

Advanced Physiology

- Reproductive physiology.
- Brain and gynaecology.
- Endocrine system.
- Homeostasis and lumbo-pelvic function.
- Systems: urinary system and continence, gynaecological system: function and dysfunctions, obstetrics: fertility, pregnancy, labour, post-partum.
- Advanced patho-physiology relating to the different systems.

Part of the course will be delivered by Prof Renzo Molinari.

The team presenting basic sciences will include specialists in their fields like gynaecologists, obstetricians, midwives...but also practitioners who have marked the history of modern gynaecology and obstetrics such as Dr Michel Odent.



Clinical

- From anamnesis to treatment plan.
- Clinical examination.
- Advanced clinical practice. Clinical sessions will take place on a regular basis. Students will be required to report on their individual clinical practice.

Imaging and diagnostic techniques

- Ultrasonography: presentation and clinical observation.
- Laparoscopy.
- Others.....

Alternative approaches

- Nutrition and supplements.
- Psychotherapy-CBT.

Ethics

- Responsibility of the practitioner in women's health.
- Confidentiality.
- When to speak, when to remain silent.
- Consent.
- Invasive diagnosis and treatment procedures.
- When to refer.
- Laws regarding the practice of gynaecology, obstetrics, midwifery...

E-LEARNING PLATFORM:

Over the past few years, we have been building, developing and improving our e-learning environment. Today we are proud to maintain a rich online learning platform available via Google Classroom.

Here are a few elements that you can look forward to:

- All the audio-visual material from the seminars in manageable chunks.
- A Technique Reels section with the practical lessons from each seminar.
- A Student Presentations section showing the complete range of scheduled peer-to-peer presentations that you will have the opportunity to do on your course, all the presentation slides and other included documents for each seminar and more.

ASSESSMENT AND EXAM STRATEGY



This course is recruiting Osteopaths who have a special interest in women's health. The programme is designed to fit with busy professional lives without compromising the exceptional quality of content and variety of lecturers. The seminars will be delivered in an inclusive and supportive classroom environment. The assessment strategy will be integrated and there will be no exams based on pure memorisation.

The exam strategy is based on:

- Continuous assessment.
- Students' presentations in front of the group with structured feedback from members of faculty and students.
- Practical assessment during practical workshops.
- One formal practical assessment at the end of the practical part of the course
- Structured feedback during advanced clinical sessions.

Pass mark: 60%

Award: D WHO (Diploma in Women's Health Osteopathy)

CALENDAR

Seminar 1

27 and 28 April 2024

Seminar 2

15 and 16 June 2024

Seminar 3

7 and 8 September 2024

Seminar 4

23 and 24 November 2024

Seminar 5

11 and 12 January 2025

Seminar 6

8 and 9 March 2025

Seminar 7

10 and 11 May 2025

Seminar 8

14 and 15 June 2025

Seminar 9

5 and 6 July 2025

Seminar 10

6 and 7 September 2025

Seminar 11

25 and 26 October 2025

Seminar 12

6 and 7 December 2025

Seminar 13

10 and 11 January 2026

Seminar 14

21 and 22 February 2026

Seminar 15

14 and 15 March 2026

Seminar 16

10, 11 and 12 April 2026

Seminar 17

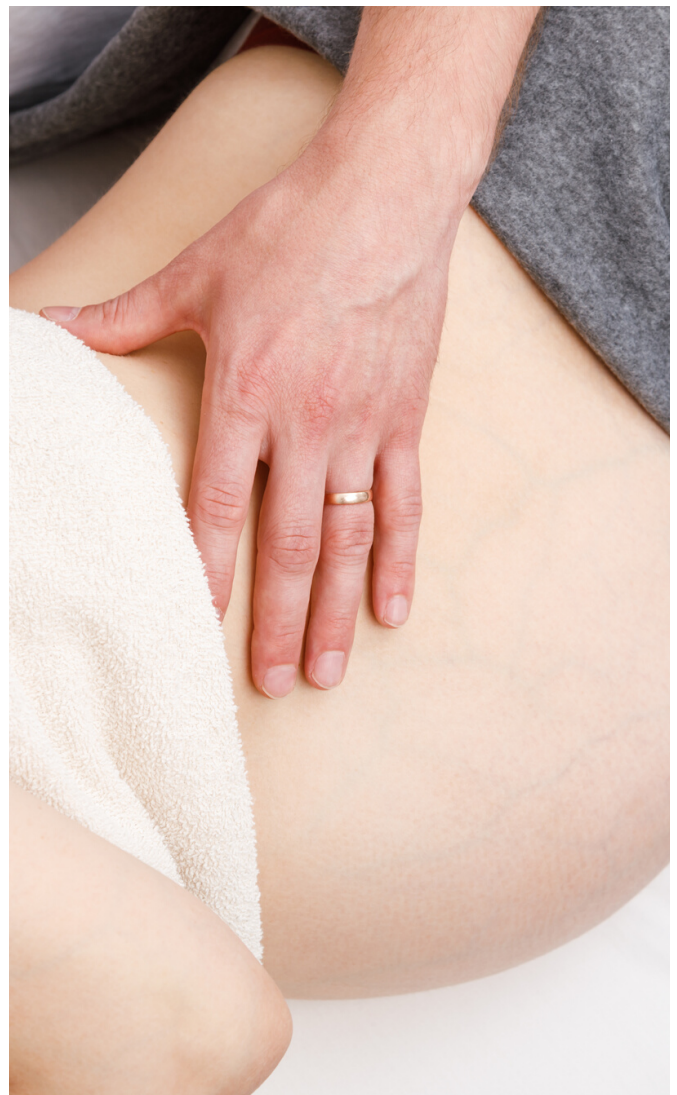
5, 6 and 7 June 2026

Seminar 18

Graduation Ceremony on Friday 3

July 2026 (evening)

Saturday 4 and Sunday 5 July 2026



ADMISSION PROCESS

ENTRY REQUIREMENTS

- D.O. or equivalent (Bsc Ost, Most.)
- Preferably at least one year in practice
- Registration with GosC or national register (foreign countries)
- Enhanced disclosure from criminal records bureau (or equivalent for foreign countries)
- Proof of insurance
- Minimum clinical activity: two days per week
- Basic training in cranial and visceral advised
- In some cases, we may ask you to come for an interview or arrange an interview over the phone
- For international students, a proven knowledge and command of the English language (oral and written) may be required

TUITION FEES TO INCLUDE

- 2-year part-time course for a total of 18 teaching weekends
- 2-day dissection course at the Faculté de Médecine in Nice. This seminar is optional and at extra cost to the student but we highly recommend it.

Price: £3700 per year payable in instalments

Registration fee: £120 (non-refundable)

Deposit once accepted on the course : £1400

Followed by 4 instalments

- Before 1 March 2024 : £1500
- Before 1 October 2024 : £1500
- Before 1 April 2025 : £1500
- Before 1 October 2025 : £1500

STARLING BANK

Account Name: Molinari Academy of Osteopathic Medicine Ltd

Account Number: 16953750

Sort Code: 608371

IBAN: GB93SRLG60837116953750

SWIFT/BIC: SRLGGB2L

TESTIMONY

"I have really enjoyed the MIH post graduate Women's Health Osteopathy course for many different reasons.

Firstly, the access to extremely knowledgeable and experienced lecturers from so many countries and training disciplines including many leaders in their field has been unique on this course.

The course atmosphere is also extremely inclusive and given there are many students from different countries and levels of experience it generates a warm and collaborative environment with real passion for the subject. As a male practitioner it has been wonderful to be part of this and I feel lucky to have had the opportunity to do this course. Despite being a lecturer and tutor for many years, this course has massively deepened my understanding, broadened my approaches and techniques, and added fuel to my passion for this work with new excitement to be able to tackle increasingly complex cases with confidence and evidence for what I am doing.

This course is appropriate for people of all levels of experience in Women's health Osteopathy."

Finn Thomas, MIH Graduate 2023



REGISTRATION AND CONTACT

REGISTRATION

Please click on the link below:

<https://www.molinari-institute-health.org/womens-health-course>

CONTACT

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ALL THE SEMINARS WILL TAKE PLACE AT



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