

# MOLINARI INSTITUTE of HEALTH

[www.molinari-institute-health.org](http://www.molinari-institute-health.org)

## **Postgraduate Women's Health Course – 2022 Intake**

### **AWARD: D WHO**

Diploma in Women's Health Osteopathy

### **GENERAL AIMS AND OBJECTIVES**

Aiming at giving advanced knowledge and expertise to professionals who want to master women's health issues, this part-time course will bring together a team of experts in their field (Osteopaths, Medicals specialists and complementary and alternatives practitioners).

The objective is to create a body of Osteopaths who have an expertise and a specific capability in dealing with women's health issues. This course aims to give continuous professional development, clinical expertise, a responsible human and ethical approach to these patients and allows the graduates to work in an integrative partnership with other health professionals.

The course will be complemented by a teaching clinic allowing the students to develop their expertise.

### **GENERAL ORGANISATION**

#### **Entry Requirements.**

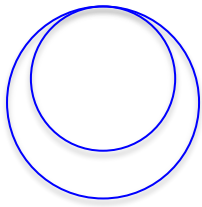
1. DO or equivalent (Bsc Ost, Most.)
2. Preferably at least one year in practice.
3. Registration with GosC or national register (foreign countries)
4. Enhanced disclosure from criminal records bureau (or equivalent for foreign countries)
5. Proof of insurance
6. Minimum clinical activity: two days per week
7. Basic training in cranial and visceral advised
8. In some cases, we may ask you to come for an interview or arrange a Skype interview
9. For international students, a proven knowledge and command of the English language (oral and written) may be required

**Start date:** October 2022

**Finishing date:** December 2024

#### **TUITION FEES to include:**

- 2-year part-time course for a total of 18 teaching weekends (Saturday and Sunday)
- 2-days dissection course at the Faculté de Médecine in Nice. This seminar is optional and at extra cost to the student but we highly recommend it.
- A minimum of two clinical sessions to validate.



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**A £1200 deposit is required to secure your place on the course regardless of the payment option chosen.**

**Option 1)** The figures below reflect the £1200 deposit already paid  
**3600 per year** to be paid in two payments  
Before 15 September 2022: £3000  
Before 15 September 2023: £3000  
Total for the entire course: £7200

**Option 2)** The figures below reflect the £1200 deposit already paid  
**£3800 per year** to be paid in four instalments  
Before 15 September 2022: £1600  
Before 1 Mars 2023 £1600  
Before 1 September 2023 £1600  
Before 1 Mars 2024 £1600  
Total for the entire course: £7600

**Option 3)** The figures below reflect the £1200 deposit already paid.  
**£4000 per year** to be paid by monthly payments  
Before 15 September 2022: **£1400**  
Followed by 20 monthly payments of **£270 by standing order only**  
Total for the entire course: £8000

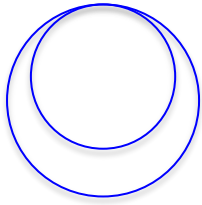
**COURSE ORGANIZATION – For indication only – MIH reserves the right to amend the order of the modules**

Advanced related Physiology and Anatomy.  
Embryological and organizational setting of the gynecological system.  
Fertility

.....  
Pregnancy. Normal and pathological pregnancy. Monitoring of pregnancy  
Normal and pathological birth.  
Osteopathic approach of pregnancy and birth.

.....  
Gynecology/ Visceral.  
Gynecological Cycle. Local Immunological response. Physiopathology... Main gynecological disturbances.  
Osteopathic approach of uro gynecological problems and related visceral problems.

.....  
Peri-natal period: mother and baby. Main pathologies.  
Post-partum: mother approach +exercises revisited  
Osteopathic Approaches



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Puberty/Menopause.  
Healthy ageing  
Osteopathic approaches.

.....  
Advanced Clinical experience.  
Ethics.  
Integrated approach.

## **ASSESSMENT and EXAM STRATEGY**

This course is recruiting Osteopaths who have a special interest in women s health; therefore the assessment strategy will be integrated.

There will be no exams based on pure memorisation.

The exam strategy is based on:

- Continuous assessment.
- Student's presentations in front of the group with structured feedback from members of faculty and students.
- Practical assessment during practical workshops.
- One formal practical assessment at the end of the practical part of the course
- Structured feedback during advanced clinical sessions.
- Clinical presentations will allow for constructive feedback.

Pass mark: 60%

Award: D WHO.

## **COURSE CONTENT**

### **Basic Sciences**

From common accepted basic sciences to advanced levels of knowledge relating to embryology, anatomy, physiology and physio-pathology.

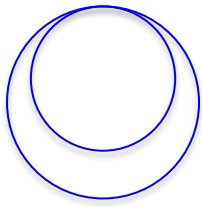
Theory lectures and workshops during which students will be required to present to the group the results of their own work.

Basic sciences will always relate to the osteopathic understanding of women s health and will only be presented if relevant to women s health osteopathy.

Indicative content:

Anatomy:

- Development of female body from embryology to anatomy.
- Evolution of the reproductive tract from birth to adult life: migration, suspensory system, active supporting system...
- Pelvis: osseous, connective, muscular, adipose, vascular, neurological, visceral....



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Part of the course will be delivered by Renzo Molinari.

Advanced Physiology:

- Reproductive physiology
- Brain and gynaecology
- Endocrine system
- Homeostasis and lumbo-pelvic function
- Systems: urinary system and continence, gynaecological system: function and dysfunctions, obstetrics: fertility, pregnancy, labour, post-partum.
- Advanced patho-physiology relating to the different systems.

The team presenting basic sciences will include specialists in their fields like gynaecologists, obstetricians, midwives...but also practitioners who have marked the history of modern gynaecology and obstetrics such Dr Michel Odent.

## Clinical

-From anamnesis to treatment plan.

-Clinical examination

-Advance clinical practice. Clinical sessions will take place on a regular basis. Students will be required to report on their individual clinical practice.

## Osteopathic approaches

The content of the course has been designed to integrate the most traditional and historical approaches in osteopathy: AT Still approaches, Littlejohn, P.Woodhal, M Clark

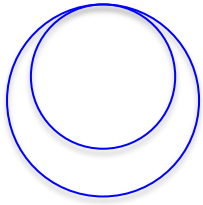
But also, some fundamental authors like Thure Brand, Henry Stapfer, Byron Robinson ...

And more recent authors like Angus Cathie, JP Barral.....

Renzo Molinari will present all the material he has developed on women s health relating to fertility, pregnancy, labour and post-partum, visceral and gynaecological conditions.

Other members of faculty will present their own approaches:

- Prof Renzo Molinari – Pregnancy, gynaecology
- Franz Buset (Belgium) visceral conditions (diagnosis and clinical approaches),
- Monika Ebner (Austria) internal approaches and neuro endocrine approaches.
- Anja Engel-Schulmeyer (Austria)
- Francois Allart (France) fertility/infertility
- Teresa Coughlan (Ireland) Pregnancy and peripartum
- Geneviève Kermorgand (France)
- Michael Pye (UK) Facia, lumbo-pelvic dynamics
- Sue Turner (UK) osteopathic medicine applied to women’s health.....
- Daniel Brogan (UK)
- Indera Ajimal (UK)
- Taj Deora (UK)
- Tracy Davies (UK)
- Enda Butler (UK)



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- Osteopaths specialists in their field will contribute either during theory sessions, practical workshops, or clinical sessions.

Medical faculty includes:

- Dr. Michel Odent
- Bill Smith
- Dr Rehan Salim
- Dr Nara Nairi
- Dr Etienne Horner
- Dr Peter Barton-Smith
- Dr Jan Toledano
- Dr Amalia Annaradnam
- Geraldine Miskin
- Peter Barton-Smith

Lectures are designed to allow the student to apprehend the fundamentals of every topic, but time allows for practical development. Each lecture is based on a 50% minimum in practical workshop. Every test, every technique is explained, demonstrated and practiced under supervision.

All the Osteopathic approaches are based on the principles of Osteopathy coined by AT Still, an important part is given to the philosophy of osteopathy and its application.

This course is the first post- graduate course giving a competence in the field of Women s health in osteopathy and its design will allow all dedicated students to develop a real expertise.

## **Imaging and diagnostic techniques**

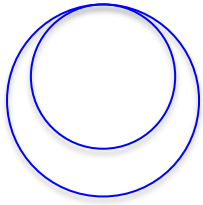
- Ultrasonography: presentation and clinical observation
- Laparoscopy
- Others.....

## **Alternative approaches**

- Nutrition and supplements
- Psychotherapy-CBT.

## **Ethics**

- Responsibility of the practitioner in women s health.
- Confidentiality.
- When to speak, when to remain silent
- Consent.
- Invasive Diagnosis and Treatment procedures.
- When to refer
- Laws regarding the practice of gynaecology, obstetrics, midwifery...



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## **Our E-Learning Platform**

Over the past three years, we have been building, developing and improving our e-learning environment. Today are proud to maintain a rich online learning platform - myousia.online.

Here are a few elements that you can look forward to:

All the audiovisual material from the seminars in manageable chunks; a Technique Reels section with the practical lessons from each seminar, so you waste no time searching for them, a Student Presentations section showing the complete range of scheduled peer-to-peer presentations that you will have the opportunity to do on your course, all the presentation slides and other included documents for each seminar and more.